A PhD in African and African American history, Sheila Flemming is Founder and President of the Black Rose Foundation for Children. Its mission is to provide resources to organizations seeking to empower children. She serves as associate editor of *Phylon: The Clark Atlanta University Review of Race and Culture*. She has taught at several universities, including Bethune-Cookman University and the University of Maryland. Flemming has spent most of her career in the academy as a historian, dean, and vice president. She is the author of *Bethune-Cookman College 1904-1994: The Answered Prayer to a Dream*, and she has contributed articles on African and African American women, Nelson Mandela, Mary McLeod Bethune, and Black women’s health. She and her daughters (attorney Alero Afejuku and Dr. Ayo Gathing) authored two children’s books and recently penned an article on love lessons for Black girls. She is archivist for the African Heritage Studies Association and former President of the Association for the Study of African American Life and History.