

# BLAKC

# HISTORY

GREATER KANSAS CITY  
BLACK HISTORY STUDY GROUP

The Greater Kansas City Black History Study Group is a chartered branch of The Association for the Study of African American Life and History (ASALH), the founders of “Black History Month.”

On Tuesday, June 21 2022, the GKC Black History Study Group, with our institutional members the National World War I Museum & Memorial, Clay County African American Legacy, Inc., the Plaza Community Christian Church, the Kansas University Medical Center Office of Diversity, Equity and Inclusion, and The UMKC SPARK Flossie Pack Center for Lifelong Learning will hold our monthly meeting via Zoom with featured speaker, Clinical Psychologist, Dr. Lester E. Blue Jr.

#### JOIN BY COMPUTER

1. **Click on the following link:**  
<https://us02web.zoom.us/j/6661134289?pwd=Z2NTc1R3NW9nRkM0WitpbjNSQ1RBQT09>
2. **Enter Meeting ID: 666 113 4289**
3. **Enter Passcode: asalh**

**Larry Lester, President**  
[LarryLester42@gmail.com](mailto:LarryLester42@gmail.com)



## “Barriers African Americans Experience When Considering Mental Health Treatment”

**2022 Theme: Black Health and Wellness**

**Tuesday, June 21, 2022**

**6:00 PM – 7:30 PM CST**



**Dr. Lester E. Blue, Jr., Ph.D.,** is a **Clinical Psychologist** in private practice. He treats adults with various mental health concerns; he also works with clients on personal growth. Dr. Blue earned a B.A. in Psychology from Rice University in Houston Texas and a M.A. and Ph.D. in Clinical Psychology from the University of Missouri at Columbia. Dr. Blue will address the obstacles which inhibit African Americans from seeking mental health treatment. These include the belief that African Americans don’t seek treatment. Cultural beliefs, such as “Don’t put your business in the street” are cited as reasons not to enter treatment. Some assume that psychotherapists will denigrate their faith; others believe that people of faith shouldn’t need therapy. Many fear that therapy can’t fit into their budgets. These and other barriers will be addressed.

A life-long Kansas City resident, Dr. Blue has served on several non-profit boards, including the boards of Bishop Hogan High School (his alma mater), Project Equality, and High Aspirations. One of his greatest joys is teaching an adult Sunday School class at Friendship Baptist Church.